

Spirit Is Our River™

Spirit Is Our River is a publication sponsored by Wayshowers Community Fellowship, Inner Peace Movement International and Peace Community Church International, non-profit organizations affiliated with Wayshowers Alliance of Spiritual Organizations.

Winter 2025



"It is the Spirit that unites us."

Slipstream for Life: Embracing Your Spiritual Flow

By Francisco David Coll

Exploring the power of **Slipstream for Life** was the focus of the **2025 International Regrouping** at Redington Beach, FL.

The Slipstream For Life focuses on our **Spiritual Foundations**—who we are, where we came from, where we are going and why we are here—our unique life purpose.

A jet soaring through the sky or a large ship cruising on the water leaves behind a powerful pulling force of energy — a **slipstream** of energy. In that place, I get to my destination with greater ease and less effort.

When you are in the slipstream, things just work. There is a synchronicity to things and clarity replaces confusion. The energy of decision-making is a way-of-life, allowing you to evolve and grow naturally.

Being in it, you are not controlled by outer circumstances. You build from the inside out and exchange with people from the outside in. There is a smoothness and ease in your communication with your team of spiritual helpers; you feel free.

When you are out of the slipstream, it can be easier to be influenced by emotion, events, drama, tragedies, and the soap operas of life.

You may get caught up and even drawn to the problems you see around you. Or worse, you may feel like giving up. A better approach might be, *"How can I do better with what I have?"* or *"How can I be of service while fulfilling my purpose?"*

Continuity

Another part of slipstream is "Continuity." Looking at things from a "Be-Long" perspective. You are a soul who is continually evolving. When you allow yourself to see a bigger picture of life, you begin to feel unrestricted and freer to do your work.

As leaders in the College, many of us have been actively discerning the blocks or limiting concepts that have challenged us.

Looking at spiritual blocks as part of your spiritual plan and purpose is freeing. Ask yourself, "What is that block doing for me now? What is the lesson in all of this? Where is that taking me spiritually?"

Remember, in order to do what you've come to do, some growing pains are necessary...but suffering is optional.

Moving With Wisdom—Living Childlike

In reference to an old religious passage — *Be shrewd as a serpent and innocent as a dove*. One of the important spiritual principles is to 'move by wisdom and live childlike.'

There is absolutely no benefit in trying to analyze and dissect your problems when you are in the middle of them. Rarely are there solutions, healing or relief when you are stuck in the middle of a troubled vibration.

The principle time you get those things is when you restore yourself (renew yourself)

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The slipstream of an ocean cruise liner.

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This edition of Spirit Is Our River features articles, sharings and photos from leaders and participants of WCF, IPMI and PCCI. These three spiritual, non-profit organizations were founded for the purpose of helping back people with our message of spiritual freedom. It is the Spirit that unites us!



Spirit Is Our River™

WAYSHOWERS COMMUNITY FELLOWSHIP

WCF President's Message



Ginger Stair

A "Dog Church" Community

In my last SIOR article, I wrote about the foundation of community for spiritual growth.

I feel very passionately about this topic and was thrilled to have the opportunity to experience another unique example in a local community in Sebastopol, California.

My fiancé, Scott Anderegg, and I had an opportunity to visit with his brother Chris and sister-in-law Virginia. While we were eating dinner, they shared that afterwards Chris would go to dog church.

I was fascinated and started sharing about my role with Wayshowers Community Fellowship, and how important I'm realizing community is to my spiritual growth.

They call their group the "dog church," and they meet daily in the large back parking lot of a church that is no longer being used as a traditional church for humans.

What started off as a sheltered spot to let the dogs roam freely off leash, has become a thriving mini-community.

The congregation that used to meet at the church, now meets elsewhere and is appreciative of the dog community keeping an eye on the grounds.

I asked to go with them and their dog Yogi for his morning jaunt. When we arrived, there were a few people getting ready to leave, as the major congregation time is near sundown. One of the neighbors had their dog and another one in tow.



Neighborhood dogs "Meet N Greet"

The human family was heading to the meet up and got stopped by another neighbor. Their dog was already on leash and ready to go, so his friend's family just grabbed the leash and brought him along. The dogs enjoyed their own Meet and Greet along the way.

This community has supported each other for several years. Over that time they've welcomed new family pups and together grieved the loss of others.



The dog church brings the Sebastopol CA community together.

When I showed up, everyone was eager to welcome me and share their stories.

The Andereggs are an older couple. When Chris had a mini-stroke last fall, the dog community pitched in to ensure Virginia and Yogi had the support they needed to focus on Chris's health.

This community came together with a special mutual interest, their dogs, but they have grown into a large loving community.



The younger dogs learn manners and strong social skills from their canine pack and the humans have an opportunity to be of service to not just their pups, but to each other as well.

Love is love.

Ginger Stair, Emporia VA

I'm realizing how important community is to my spiritual growth.



The mission of WCF is to inspire, promote and to sponsor spiritual freedom through the Wayshower, one who lives by example through inner loyalty, self-understanding, and a deeper fellowship with inner guidance.



Hope For Healing—Finding Light Together



Cecily Henderson

*Cecily Henderson has experienced a lifetime of healing challenges. She is a cancer survivor, Breast Implant Illness (BII) thriver, a Certified Health Coach Practitioner, and women's health advocate. Cecily founded a Facebook Group – **Hope For Healing** to support women by giving hope, education, understanding and empowerment.*

Here is her story:

I had two bouts with thyroid cancer when I was 26 and 30 years old. The cancer went into remission but I had lost a lot of weight and got breast implants to help me rebuild. My doctors assured me they were safe.

From 2007 to 2024 I had arthritis symptoms, and suddenly became paralyzed. The doctors didn't know why. I couldn't breathe or swallow easily. For the next 7 years, I had to go in the hospital for an immunoglobulin transfer to keep me alive. I had lost all hope for healing and did not think I would ever walk again.

In 2019, I was so sick I knew I was not going to last much longer. I had a deep conversation with my Higher power. I said "This is it. I don't know what else to do. My body is giving up. Something needs to change or I am not going to be here."

I heard so loud in my mind I thought someone was standing next to me. The message was intensely powerful. "Your implants are making you sick." I knew my angels were around me. I felt tons of chills and a feeling of light and power. I had never heard of BII at this time, but I knew the message was not coming from me.

"The spiritual mindset is the soul power."

At first, I ignored the message for about 5 months. I was completing my training in holistic, functional medicine. At one of the webinar trainings I attended, a speaker mentioned BII. I checked every box of symptoms she identified. It confirmed that I had had spiritual guidance with the Higher Power to identify what was wrong with me. I needed to act.

I went to a round of doctors and surgeons. Tests, CT scan, a mammogram showed nothing abnormal. I cried when I saw the results of these tests. Yet I got a strong feeling to keep going and not give up. Finally, one surgeon finally listened to me. She had never heard of BII or taken out breast implants, but she agreed to find out how to explain them.

I went through a 6-hour surgery. I had a rupture on the right side and infection on the left side. That's why I had ended up paralyzed. With the implants removed, I began to walk again. It took a whole year to recover, rebuild my body and be functional.

Life Purpose

I wouldn't be here if I had not first paid attention and then acted on the message from my Higher Power which I relate to as a father/mother God.

All these experiences have given me a purpose. Last year, I was inspired to create a Facebook group — **Hope For Healing Network** for people experiencing some kind of illness or health challenge. So many like me have lost hope and feel alone.

"You are not alone in your journey of healing."

I understand that feeling. I was looking for relief for being in this life. I lived in fear and regret. I felt alone. No-one understood my pain, what I was going through. I realized I had a victim mindset.

It took me a year to heal that mindset. My body had healed but my mind and my spirit needed more healing. That healing has brought me to wholeness.

Getting into my own power and purpose is one of the powerful tools I want to share in Hope For Healing. I have learned that the spiritual mindset is the soul power. People are missing this in their lives and not completely healing.

I interview people from all walks of life who are looking for support, answers and not feeling alone in their journey. Being able to share their stories and hear from others is a healing. Our network has grown to 4500 members in 5 ½ months.

There is a lot more to my life than what I thought. A year and a half ago I wouldn't be able to talk about this, have a group, or share with people. Now I am walking, thriving, and helping others recover from Breast Implant Illness. I am inspired daily.

We often only hear about the "badness" in the world. We need to talk about goodness in the world. **We need more stories of hope.** My message is "You are not alone in your journey of healing."

It fills my soul to meet these incredible people and hear their stories. They are filled with love and light and want to make a difference by sharing.

I am continuing to heal myself, by helping others to have a voice.

Cecily is a board member with [Integrative Hope for Healing](#), a non-profit dedicated to breast implant research. Visit breastimplantresearch.org

Contributed by Susan Kellogg, Des Moines IA

IPMI President's Message



Dr. Kathleen Ellis

It is starting to look like Spring here in the south. Like everywhere else, we have had some crazy weather with hot one week, then freezing the next.

Last week, my Bradford pear trees were bare and then in two days, they are now covered with buds. I was raised in Northern Wisconsin where warm weather was long-awaited after the winter months.

To me, Spring is a bearer of hope. One of my favorite passages of Dr. Francisco Coll's courses is in the 2nd night Technique Workshop program slides. When a person becomes sincere with oneself – direction, excitement, expansion, and hope follow.

"With hope, I believe anything is possible."

I have paraphrased the slide, but the truth has been that for me. I was always most inspired by the sense of *hope*, which to me is tied to *belief*.

With hope, I can tune into my unlimited potential and believe that anything is possible. The promise of Spring is that the hope of the future is in the expansion that I am seeking.



The Ellis family enjoy an outing in nature (L—R): Kevin Poole, Corinne Ellis Poole, Mark Ellis, Kathleen Ellis, Travis Ellis and Charlie Ellis.

I know that I can practice stretching myself into the unknown, getting out of my comfort zone. The challenge is that I live in a limited world here on Planet Earth and to get involved in something new, I must release the past activities that take my time and energy.

In this year of *Slipstream*, I am being set up to have an easier time of moving forward on my path than ever before. The timing for me is perfect as I enter my fourth quarter of my physical experience on this Planet this lifetime.

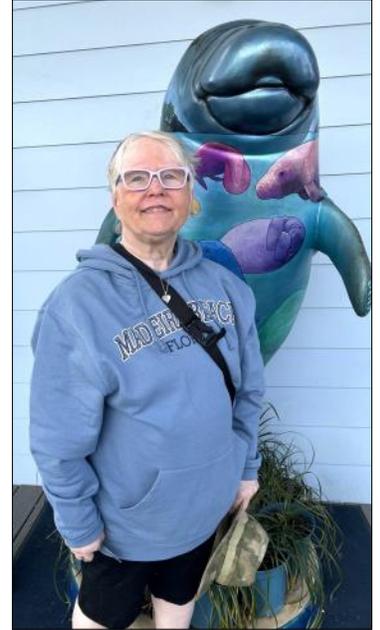
Like wine, everything is getting better with aging. I am perfect for what I have come to do, and I have the right time to do it in.

I take great encouragement from an old sales adage that I was recently reacquainted with. I cannot share the wrong words with the right person, and I cannot share the right words with the wrong person.

I am ready for those that I seek to actively seek me and the Inner Peace Movement International programs that I present with the evolvingGot i leadership. How about you? There is plenty of room at the top.

Make sure you mark your calendar for our annual **Summer Camp** in Osceola, Iowa. **Pioneering Spirits: Awaken the Seeds of Inspiration**—June 21 to July 13.

Dr. Kathleen Ellis, Leesburg GA



Kathleen Ellis is a home with the manatees

WANTED

LEADERS SEEKING OPPORTUNITY
TO PARTICIPATE IN IPMI ON-LINE
PROGRAMS & UPCOMING COURSES

If you are interested in being part
of team of presenters, contact
support@ipminternational.org

ASAP.

Empowering My Inner Wealth With 4407: Universal Laws of Abundance



Kathleen Ellis

I recently experienced Wayshowers College course **4407: The Universal Laws of Abundance**. In the early 1980's, Dr. Francisco Coll introduced "the Spiritual Plateaus" levels of experience and growth a person has on their journey of Spiritual

empowerment. This course fit right in with my own life journey regarding the Plateau of Affluence.

I totally did not relate to the level of Affluence, but I did aspire to achieve it. I believe that there is no lack in the Universe and that there is plenty for everyone. I have learned to turn away from the outer world and the "life is hard" perspective. I still felt a need to boost my belief in Prosperity and Abundance. The course did not disappoint.

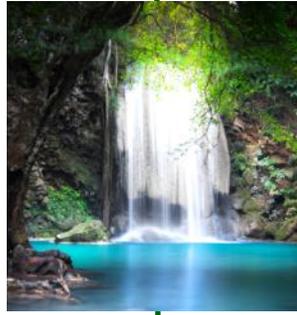
My key word for the course was "*foster*" which means to encourage or promote. A big take away for me was an increase in my Belief in the possibilities. I like the phrase Dr. Wayne Dyer coined, "I will see it when I believe it." This concept is opposite how I was raised. I was taught not to believe until I see it.

Belief is necessary for my next steps of Spiritual Expansion. To remember, I took the letters that spell belief and assigned a word to each letter:

Be Energetic Lovingly Inspired Excited Fulfillment

As I am being energetic with love and inspiration from Spirit, I am excited about the fulfillment I am getting out of my life.

Kathleen Ellis, Leesburg GA



The Spiritual Laws Of Abundance is a Business World Course. The biggest business I have is myself.

I came with everything I need to be successful — a team



Anne Earley

of master souls to guide me, four Spiritual Gifts through which my Angels communicate with me and I communicate to myself and the world. I have parents and siblings who stimulated blocks in me which I choose to master this lifetime to help me spiral upwards in my state of consciousness.

- **When I work with the laws of abundance I always know what I am getting out of everything I am involved with.**
- **I live in the moment enjoying each moment.**
- **I live by the policy that everything happens for me not to me.**
- **I know that people are my greatest resource for my spiritual growth. When they push my buttons I am grateful to them for showing me an area where I need more growth.**

I am an abundance of love, joy and peace that passeth understanding. I am one with infinite Spirit.

Anne Earley, Sun City, AZ

I really enjoyed the course on Spiritual Laws of Abundance. It was great to do it again after many years.

Two concepts have changed my state of consciousness in a positive way. "*A successful person goes after their goals as a need.*" My spiritual growth and spiritual work are needs, not wants. This understanding has put a fresh perspective on my way of thinking and increased my enthusiasm and dedication.

The other insight I had is remembering something my mother said to me: "*Why do you want to do that for?*"

My conscious mind had completely forgotten about that. Now I understand why I feel misunderstood at times, why I often feel the need to justify myself and my decisions. That and other messages were very healing. Thank you guidance!

Jan Burke, Christchurch NZ



Jan Burke

When I heard the **4407: Spiritual Laws of Abundance Course** was about to take place a few months back, I just felt that I needed to be there.

I had a "taste" of this course two years ago during a summer camp program with Tiger Coll. He provided some snippets during his retreat, which were great! I came away feeling clearer, and more peaceful and abundant.

I have done more than my share of delving into understandings about money through authors such as Robert Kiyosaki, Harv Eker and Susie Orman. While I did learn from them and did well, too, financially, I was still wanting to understand more about abundance, and to get it more deeply into my feelings.

Continued on page 6



Estelle Small

A Leader By Example

Who is this individual helping me move a table, I thought, with his arm full of tattoos, a big motorbike and mentioning as an aside that he was an elder in the Lutheran Church?

Douglas Altman of Freeland, Michigan grew up attending a Methodist church with his grandmother. This made an impact on him as a child, and he never forgot the experience of it.

He married his wife, Cheryl when he was 19 years old, and became Lutheran. His children were educated in private Lutheran schools until Grade Eight when they were given the choice of where to go to school. "We didn't force them to go into Lutheran schools."

"Like many people, I consider myself a diamond of many facets. I have many sides. I've always had a rebellious side. I lived the biker lifestyle all these years, and spent a lot of time with bikers, with Christians, with family and acquaintances and friends. I am most comfortable with a group of bikers over anyone else."

Bikers live by their example rather than by preaching.

He believes bikers live by their example rather than by preaching. As a senior executive in the automotive industry, he felt he had a responsibility to give back to the community.

"I've always had the sense of making my mark in the community through service. It's easy to do that with children. You've got involvement in clubs and sports. I was the chair of Lutheran Child and Family Services Board of Michigan at one point. I've served on just about every board for the church."

What has his church taught him about his spirituality?

"The Lutheran Church says that your sins have been forgiven and you go to heaven because of the grace of God. My most rewarding aspect of my involvement with the church is my personal relationship with Christ."

What stands out in his study of the Bible? "I am always interested in the interpretation, and how different religions interpret the Bible, such as the way the Lutherans interpret the Bible from the Catholics."

One of his life highlights is his wife, Cheryl, who helped him initially in financing his college education. He got two masters degrees in engineering and in business.

Douglas also enrolled in cooperative education programs. His post-secondary education was done every other semester with a work assignment in between.



Douglas and Cheryl Altman

"Marriage is two units or people coming together to make a third unit, which is the partnership itself. So, we have more to build from. We can accomplish more working together than we could if we were doing things solo."

Thank you, Doug, for your service, friendship, perspectives and the true concern you radiate for others. You have certainly made your mark!

Contributed by Estelle Small, Delray Beach FL

4407 Sharings continued from page 5

Dollars and cents in the bank is only a portion of what makes up earthly abundance. Fact is, abundance includes all facets of my life. I sure feel abundant when I consider the wealth of opportunities, experiences, and people in it!

This course is a life-changer, especially for do-ers like me and my fellow spiritual educators! Throughout the course, I identified some of the thoughts and statements I make to myself that limit my fulfillment and needs.

I took stock of some of my goals and evaluated them according to needs and wants. I took the time to prioritize them further to help with my timing and to be relaxed when I carry out my plans.

It was a wonderful program with wise and inspiring sharings from all the participants. I loved the time I spent with them.

Estelle Small, Delray Beach FL



Some leaders enjoying 4407 online include clockwise from top left: Xin Zhang, Joan Deasy, Estelle Small, Dorinda Fox, Sheila Enos and Mary Johnson.

Wayshower Wisdom & Wit



Douglas Howard

What is an Emergency?

My friend's daughter went to college for her first year. We loaded her wheelchair into the van and I helped them drive. On summer break, she came home and I visited.

We were talking about her experiences living in college dorms when she said, "My dad really got mad at me, and I don't think it was my fault. He gave me a credit card, but only for emergencies.

"One day he phoned me about a suspicious charge he saw on my credit card. I felt nervous, kind of like in my favorite TV show where Ricky Ricardo is telling Lucy, "Lucy, you got some explaining to do."

Dad, no one had any money, so it was an EMERGENCY!"

"So like Lucy, I explained that I had a Friday night party and we had it in my room since it was larger than most rooms to accommodate my wheelchair.

"After a while we all got hungry and decided to order several pizzas and drinks from town for delivery to the dorm room.

"When the delivery boy arrived with all the hot pizzas, no one had any money with them because after all, we were just students and we hadn't discussed money, but we **still** had to pay the delivery boy.



"He was just standing there waiting and waiting while we discussed our predicament. The tension in the room got really bad and embarrassing, so I got my dad's credit card and I paid for all the pizzas, food and delivery.

"After I finished my explanation, Dad reminded me in a stern voice that the credit card he gave me was **just for emergencies**.

"So I had to raise my voice a little and I EXPLAINED, 'Dad, no one had any money, so it was an EMERGENCY!'

"Then, my dad hung up!"

**Douglas Howard
Portland OR**

A Message From Lady Liberty

***Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest tossed to me,***

It seems some people have forgotten the message found in the **Declaration of Independence**. I've been watching and wondering if the foundation upon which this nation was created is slowly crumbling! **Here is a reminder!**



*"We hold these truths to be self-evident, that all men [and women] are created equal,
That they are endowed by their creator with certain unalienable Rights,
That among these rights are Life, Liberty, and the Pursuit of Happiness."*

*Fireworks, a celebration of Freedom in a Fantasy kingdom
Remind you of Independence and freedom!
Brave soldiers on trains passing through,
Defending your right to be free
Reaching out to the children
As they passed by
With smiles and candy.*

*As the Statue of Liberty, I represent the Fantasy Kingdom of America,
Where all souls are free to live and prosper
And celebrate their freedom with fireworks!*

*Imagine fireworks above my head for all descendants of immigrants.
For Life
For Liberty
For the Pursuit of Happiness*

*Congratulations to all who keep the vision alive!
My position here on the Hudson River will **not** be in vain!*

**By Julia Santiago
N. Arlington NJ**



Spirit Is Our River™

PEACE COMMUNITY CHURCH INTERNATIONAL

PCCI President's Message



Dr. Dorinda Fox

Recently, a client and friend reached out to me for help. He had received news that a family member's son had died from gun violence as well as a friend living alone was found dead in his shower.

I often question how to respond to news of human trauma such as this. Words appear inadequate.

I am so grateful that I can cleanse and check with guidance, and that my spiritual perspective is a comfort to others at times.

In this instance, I appealed to guidance for help, I cleansed myself spiritually and I then cleansed his environment. I shared my belief that no one dies alone without the assistance of spiritual helpers; that physical death is certainly not the end; and that the human perspective is limited in understanding the motive or reason for many life-ending events.

"I am so grateful that I can cleanse and check with guidance."

It is hard to know what purpose and growth experience a person planned for in a life, but that in The Big Picture, there are no accidents.

Because of my spiritual training over the years, I have released many fears related to loss and physical death. Involvement in PCCI and Wayshowers College has made me a stronger person and one that others can turn to for a listening ear, calm in a storm or help in releasing human emotions.

The backing of the PCC and PCCI angels is a real and profound resource!

An excerpt from our Creed: We believe

- In the universality of God in all things
- The spiritual nature of life on Earth
- That life is eternal; there is no death.

I see how meaningful the bullet points of the PCCI Creed are. They express, not a denial of physical death but belief in the continuity of the soul and the value of life experience.

"The backing of the PCC and PCCI angels is a real and profound resource!"

Looking forward to SUMMER CAMP!

PCCI and Wayshowers College have special plans for this summer. The **PCCI Annual Meeting** will be held on Saturday, July 5 at 2 pm CDT. Seminary courses that week include **716: Jesus, the Bible & Spiritual Healing**, **622: Ceremonies and Procedures of Peace Community Church** and **622-A: Ceremonies & Procedures of PCC – Unions**.



Dorinda Fox and friends take a ride around the Iowa camp.

Ordained Ministers, Licensed Ministers and those on the ministerial track will have the first-of-their-kind opportunity to attend training practice in the community on July 8.

Attendees will visit a hospital, correction center, hospice, nursing home or other community environment. This field experience is intended to help prepare PCCI clergy to be effective in a chaplain role in their own communities.

Also, mark your calendars: the 2025 PCCI Annual Retreat will be held December 5 – 7, Location TBD.

If you would like opportunity to assist in organizing and instructing at summer camp or the December annual retreat, let us know: info@pcciworld.org.

With love, peace & joy,
Dorinda Fox, D.D, Bishop, President
Placitas NM



PCCI is a church without dogma, based on a tradition of unity, a universal consciousness, multiple paths to God, healing service, and direct, one-to-one communication with inner guidance.

PCCI Outreach In Australia



Paul Mischefski

Recently I was invited to run a presentation at a weekend lifestyle and healing festival here in Australia. It was called the Gathering Of Well-being, a festival of around 100 people and numerous workshop facilitators at a beautiful retreat centre in the mountains.

The intention of the gathering was to present personal growth work to help people overcome the feelings of divisiveness, discord and separation so prevalent in the current world energies.

I meditated with Spirit on what to present that could be of the most service to people. It was clear the PCCI energies of love, healing, peace and community connection were important for these times.

In the workshops program for the weekend, I outlined an Introductory Lecture and techniques workshop, and in a first for me, promoted myself as an Ordained Minister with Peace Community Church International, describing it as a Spiritual healing foundation.

“The PCCI energies of love, healing, peace and community connection are important for these times.”

A key part of the promotion was in teaching people to see auras. I shared the Aura Vision technique. It expresses the practical purpose that the more we can see the light body reflected by the Soul nature, the more we can relate to people’s “divinity”, rather than the outer persona or judgements we may have. Spiritual Cleansing was also promoted as “Spiritual self-care”.

The notion of “soul-to-soul” relating attracted a great response and the intro/workshop was a warm and vibrant success. It attracted both awakening searchers and people who are active facilitators serving people in community programs .

The takeaway lesson was that far from being perceived as a religious exercise, promoting the PCCI program as a qualified and trained Ordained Minister has vast practical relevance to today’s times and what people are experiencing and needing. Particularly give the tools and techniques for helping people understand and work with their energy that we have long been trained in.

**Paul Mischefski, PCCI Master
Queensland Australia**



Refining Our Services PCCI Fund Drive

The internet and digital services, since the 2000’s have steadily become central to our lives, essential in all business and services worldwide. Our spiritual communications and services are no exception. We are steadily advancing and must do so to reach people in this 21st century.

PCCI is leading a fund drive to raise \$20,000 by April 30, 2025. Funding is needed for the purpose of completing and refining the database of Wayshowers College, our Seminary.

PCCI, as well as WCFC & IPMI, have requested specific access to Wayshowers College records in the database based on their needs including automation of forms, applications, correspondence, etc. The planned refinements will link with the three nonprofit websites for leaders to expand and serve members and affiliates. **To achieve our goals, \$20,000 is needed.**

Twenty (20) donors, each giving \$1,000, would reach the target. Smaller donations of \$500, \$200 or \$100 are welcome!

Donors may make a tax-deductible contribution to PCCI via check or other means. Send checks to PCCI, P O Box 4925, Washington, DC 20008. To make donations via PayPal please send to Treasurer@pcciworld.org with a note “For PCCI Seminary Fund.”

Your gift will benefit you and your spiritual work directly by streamlining your access to database information from Wayshowers College as well as your outreach and communication with your apprentices and spiritual awakening searchers.

Donations of any amount are welcome. Donors of \$500 - \$999 will receive a discount of twenty-five (25) percent on PCCI-presented courses and retreats through May 2026. **Donors of \$1,000 or more will receive a thank you gift and a fifty (50) percent discount on PCCI-presented courses and retreats through May 2026.**



**Support the
Wayshowers College
Seminary**

My PCCI Story—My Why



Kristina Coll

As a little girl I always knew and felt the existence of something greater. I frequently attended church with my great-grand mother. When my mother re-married, we began attending my stepfather's church. I was heavily involved in the children's program, summer camps and church choir.

After my mother's third divorce, we moved into a new home with her new boyfriend. My mother pulled out of the church immediately. My brother and I gradually did the same. The religious teachings just didn't seem to align with what I observed. People were preaching one thing and doing another. I felt I did not need to go to church to have a life I believed in.

In 2001, my first fiancé died in a motorcycle accident. From my early church teachings, I believed in eternal life and was able to let it go quite quickly. I knew he chose it, and we both knew the day he died was going to be the last day we saw each other.

"This is my unique ministry."

In 2012, I began my journey in yoga teacher training; and that began to heal layers of grief as it also began to open new doors and deeper truths for myself. In 2014, I began my journey with Peace Community Church International. At the time, the only answer I had to joining was that I was "Spirit-led.." Facilitating spiritual healing came naturally to me.

Now, almost 11 years later, I find myself contemplating, "Why am I still involved in PCCI?" PCCI Seminary studies led to becoming an Ordained Minister. During the PCCI Annual Meeting last summer, parts of me 'thought' I would step off the PCCI Executive Board. When I checked with guidance, I was surprised to receive the clear facts that I was to stay on the board and in my role.

It eventually became clear that PCCI involvement wasn't about me. It's about the collective AND me. I align with the Peace Community Church International's creed.

"As a PCCI Ordained Minister, I am a 'Spiritual Counselor' who can facilitate hands-on healings. I can combine these with my healing services. As a Somatic Trauma-Informed Yoga & Breathwork Practitioner, I can do facilitations without getting involved in additional governmental requirements. I can do 'talk therapy' without getting a Masters in Psychotherapy. I can couple that with the facilitation of energy movement for greater-lasting healing in my clients, giving them the tools to self-sustain.

This is my unique "ministry".

My desire is to help facilitate deep-rooted healings in myself and others so we-together can actually LIVE a spiritual lifestyle instead of simply 'talk it'!" WE become the Wayshower.

**Kristina Coll, PCCI Master
Osceola IA**

Visit: <http://heal.me/thelighthouse>.

30 Second Rule Wisdom



Lee Horner

I first met Lee Horner at my Toastmasters Meeting. I was so impressed by the beautiful light around her, her enthusiasm and her positivity.

We both decided to create a Master Mind Group together. For two years we set weekly goals to become better versions of ourselves.

Lee had a heart of gold. She was always uplifting her friends. She encouraged everyone to strive higher.

She had a beautiful smile and a way with words, spreading her love and kindness to everyone she knew and met. Lee never met a stranger!

One day at our Master Mind Group she set a goal and called it her **30 Second Rule**.

I asked her: "What does that mean?" She shared that, within 30 seconds, her goal was to find a positive quality in the person she was talking to and share it with them.

I was amazed! It reminded me of the Wayshower's Technique, **Love Feast**, used to the extreme.

Suddenly, within a very short time, Lee got extremely sick and transitioned. It was so quick that everyone was shocked. I made a commitment to use Lee's **30 Second Rule** as part of her legacy.

Today I can feel Lee's spirit around me. She touched my heart deeply. She was such a bright light and a very special friend. *"Fly high my wonderful friend and know how many people you touched. We will miss you but will remember to share your love with everyone we meet"*

**Judy Katzin, PCCI Ordained Minister
Tucson AZ and Las Vegas NV**



**Lee Horner and Judy Katzin
at a Toastmasters event**

The 30 Second Rule

Within 30 seconds, find a positive quality in the person you are talking to and share it with them.

Enjoying Life In Slipstream at the 2025 International Regrouping

The highlight of my IR journey has been discovering my family dynamics and freeing myself from feelings of obligation.



Tiger Coll and Sheila Enos

rather than worrying about the future.

As a mother and a woman, I often felt trapped by my bloodline, but I've learned that it's okay to prioritize my own well-being.

Embracing the energy of freedom means I can say "no" when it's in my best interest, even if it's not what others expect.

Now, I'm fully engaged in the present moment, living in the now

This shift has brought me immense happiness and a sense of control in my life. To achieve this, I realized I needed to be fully committed, not just halfway.

**Sheila Enos
West Warwick RI**



Tiger Coll on the putting green.



2025 IR Class: (L-R) Alma Phillips, Ruth McKee, Kathleen Ellis, Esther Karhu, Sheila Enos, Mary Anne Wassenberg, Mara Spencer, Liz Hagen and Tiger Coll

Attending the **Life in Slipstream** retreat in Florida has significantly improved the flow in my daily life. In just two days, I had several remarkable experiences.

While taking someone to the airport, I saw a sign for "Exit 3/4 mile." Because there was so much traffic, I ended up taking the next exit and found that the road was clear.

Later that day, I knew I needed to turn left, but the traffic behind me was heavy and got in the lane to turn, leaving me no way to get into the line. I let my GPS recalibrate, took the next left, and went around a block, and then seamlessly joined the line I needed.

Each time I benefitted from that flow of being in my right time. I plan to apply what I learned about living in the slipstream to make every day feel like clockwork.

**Kathleen Ellis
Leesburg GA**



Enjoying the local cuisine. L-R Mary Anne Wassenberg, Kathleen Ellis, Sheila Enos, Ed Hogan, Ruth McKee, Liz Hagen, Mara Spencer, Alma Phillips, Esther Karhu and Tom Wiseman.



Sunset in Tampa Bay

Continued from page 1



Tiger Coll

through "moving by wisdom and living childlike." Even a little bit allows inspiration to channel through. If there is any doubt, just think about the natural wisdom of a child and how they move through challenges.

No one has problems with answers. The challenge is finding the right question. As a soul, you are the embodiment of "answers;" spiritually, you are answers. Answers have a certain frequency and

vibration You are free-flowing in the energy of answers.

When you are not being 100% yourself, you can get full of questions. You can get slowed down in your life by filling yourself up with questions. Too many questions bring emotions. They can fill your thinking, your body and your life. Then, eventually create disease.

The more you live in the world of answers, the more you are free. The more you open yourself to creativity, something new and unexpected may happen to you. You may fall out of the slipstream. Questions may show up. What is this? Why is it happening? Those questions are natural.

If you start moving back into the vibrations of answers right away, you will keep yourself from getting overwhelmed by questions.

Sometimes you may not know what to do. You may only know what to do right now... like breathe! Then you bring in the next answer by doing what you know and feel (the next step). As simple as this sounds, it works! This starts you back into the rhythm of answers. That is how you re-establish yourself into the great I Am.

When questions arise, be clear about what the question is, and then move right into some kind of answer, even if it's a half step, or the thought, "I don't know, but I will find out!"

Start doing something. Take the next best step. Watch as the answers return and flow you back into the slipstream of life.

Tiger Coll, Osceola IA

What's Coming Up:

*Tiger Coll will be on a **Spring Tour** in April and May in multiple locations. **Summer Camp** in Iowa is from **21 June to 13 July**. The **2026 International Regrouping** will take place in **New Zealand**. Get ready for big adventure!*



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Wayshowers Community Fellowship

Corporate Membership \$50

Youth Membership (up to age 21) \$25

Sage (63+) & People With Disabilities \$25

Membership includes opportunity to host Weekly Spirit Call, receive and direct healing for self and others, share spiritual backing and sponsorship, receive special discounts on WCF Retreats and four issues of *Spirit Is Our River*.
Email Secretary@WayshowersCommunityFellowship.org



WCF Healing WOW Workshops

Enjoy the special creative WCF energy in this monthly workshop. Share in-depth healing techniques to refresh and uplift yourself and others. Free for first-time attendees. \$20 US, \$10 US for WCF members, seniors, youth and people with disabilities. **To register:** Secretary@WayshowersCommunityFellowship.org

Alliance Team Sponsors

The three Non-Profits — WCF, PCCI and IPMI — co-sponsor the following:



Weekly Spirit Call: Friday 9:30-10pm ET.
(WCF—1st & 3rd, PCCI — 2nd & 4th, IPMI — 5th)

PCCI Fellowship Call: every 3rd Sunday 8-9pm ET

IPMI Leadership Regrouping Call: every 2nd Monday, 9pm EST.

To contact the different non-profits:

Wayshowers Community Fellowship

www.WayshowersCommunityFellowship.org

secretary@WayshowersCommunityFellowship.org

IPM International

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