

Dr. Coll led a revolutionary life. His beliefs, premises and techniques are powerful, allowing accelerated growth while respecting your unique needs and timing. They allow each individual to grow at their own pace. He was a big believer in patience, compassion and the principal “by the inch it’s a cinch, by the yard it’s hard”. A few of his teachings include:

1. *“The soul moves the body”*, the body does not move the soul. The soul is not an object or abstract thing, it is not something we have but something we are.
2. *The soul has no sex, no race, color or nationality.* Your soul part is the real you, the good, kind, sharing part of you.
3. There are no greater or lesser than souls, only souls at different states of consciousness.
4. Everyone has *Four Spiritual Gifts of Intuition, Vision, Prophecy and Feelingsm* (Healing), types of perception, personality and psychic abilities that can simplify communicating with you, your Angels, inner guidance and others.
5. If you don’t act on your clear inspirations, hunches and feelings, you may have problems or dis-ease, living only a small part of your potential.
6. Your real power lies within your “inner” not your outer or intellect. Being relaxed and in charge of your energy is natural and normal.
7. Either you are in charge of your energy, direction or peace of mind or someone else is. The IPM Technique dynamics, group work, camps and other services show you how to master being in charge of you
8. *Christianity as a Way of Life is based on love.* Christianity as a way of worship¹ is based on judging, or lack of acceptance of the Christ consciousness, God, Allah or Buddha within.
9. *If you want to have inner peace and be a Peace Lover, then you need to start with yourself first, before you try to change others.* Then IPM can assist you in being of service to people, changing the concepts and energies behind anger, division and war, one person, city and country at a time.

For More Understanding: Attending a Man and the UniverseSM Orientation Lecture, reading or watching a Man and the UniverseTM book and video are suggested to you as a big picture primer, for an understanding of what the game of life is all about, even if you consider yourself an expert. For information on lectures in your area fill out our Get Involved link and to order materials, go to our Materials page.

¹ Dr. Coll did not mean that just Christianity did this.